

# Consider the Facts

**60%** of people say that making sure **their family is not burdened** by tough decisions is “**extremely important.**”

**56%** have not communicated their end-of-life wishes.

Source: Survey of Californians by the California HealthCare Foundation (2012)<sup>3</sup>

**89%** of people say **doctors should discuss end-of-life care issues** with their patients.

**17%** report having such conversations with their doctors.

Source: Kaiser Family Foundation (2015)<sup>4</sup>

**75%** of people **prefer to die at home.**

Only **37%** die in the **location of their choice.**

Source: Journal of Hospital Medicine (2013)<sup>5</sup>

**82%** of people say **it's important to put their wishes in writing.**

**23%** have actually done it.

Source: Survey of Californians by the California HealthCare Foundation (2012)<sup>3</sup>

**Think about a family member or close friend who has died.**

- **What is it about that experience that sticks out most in your mind?**
- **What would you want to be different for you and your loved ones?**



**The Carolinas Center**

Excerpted from *Isn't It Time We Talk, A Family Guide to Health Care Decision Making*  
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