Nurses, JOIN US for a full day of training as a Pain Resource Nurse (PRN). Our goal is to IMPROVE pain care and to train you to be a resource in your institution for other staff members regarding pain management. It will also help improve policy and remove barriers in your practice setting.

Objectives:

Learner will be able to:

- Identify barriers and misconceptions related to pain management
- Verbalize understanding of the differences between addiction, tolerance, dependence and pseudo addiction and opioid withdrawal syndrome
- Demonstrate knowledge of appropriate skills of pain assessment
- Verbalize understanding of opioid induced side effects and measures to manage these side effects
- Identify neuropathic pain and appropriate treatment modalities
- Identify non-pharmacologic measures which may be used in pain management
- Identify symptoms of “good” pain management
- Identify ethical issues of pain management
- Identify strategies to promote effective communication between medical team and the patient
- Discuss the role of PCA and epidurals in pain management
- Discuss the PRN role and verbalize understanding of that role

About the Speaker:

Tamara N. Bowman, MSN, APRN, ANP-BC, is a Board Certified Adult Nurse Practitioner with extensive experience in advanced disease management. She is a graduate of Presbyterian Hospital School of Nursing in Charlotte, NC. She practiced primarily in oncology and then palliative nursing for the majority of her nursing career. She worked in both clinical and management roles before returning to school to obtain her degree as a nurse practitioner. She has worked as the Pain and Palliative Care Coordinator providing consultation for the inpatient services for patients with advanced diseases at the Medical University of SC, in an outpatient oncology clinic providing care to patients undergoing treatment for various forms of cancer and she worked in a skilled nursing facility providing care to patients undergoing rehab after hospitalization as well as those with advanced illnesses such as heart failure, obstructive airway disease, chronic kidney disease, dementia, and other chronic advanced illnesses. Tamara really enjoys providing education to nurses and nurse practitioners across the country regarding issues of symptom management for advanced illness.
Schedule at a Glance:

8:00 – 8:30am  Registration *(Beverages & Snacks)*
8:30 – 10:00am  Workshop Begins
10:00 – 10:15am  Beverage Break
10:15 – 12:15pm  Workshop Resumes
12:15 – 1:00pm  Lunch Buffet
1:00 – 2:30pm  Workshop Resumes
2:30 – 2:45pm  Beverage Break
2:45 – 5:00pm  Workshop Concludes

Hosted by:

Continuing Education Credit:
The Carolinas Center for Hospice and End of Life Care is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Upon successful completion of this educational activity, 7.25 contact hours are available for nurses and other disciplines.

Americans with Disabilities Act (ADA):
The Carolinas Center is committed to a policy of non-discrimination involving equal access to education, regardless of sex, race, age, religion, color, national origin or disability. If you need any auxiliary aids or services identified in the ADA in order to participate, please contact Yesha Bell at 919.459.5382 or via email at ybell@cchospice.org.

Cancellation Policy:
Cancellations for this program must be received in writing at The Carolinas Center by 5:00pm on September 27, 2016. Cancellations received by that date will receive a refund, less $35 for administrative fees. No refunds will be given for cancellations received after September 27, 2016; however substitutions may be made.

Registration Fees

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<th>On/By September 27</th>
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**Handouts will be provided via email**

Questions: 919.459.5382
Yesha Bell *(ybell@cchospice.org)*

Click here to REGISTER ONLINE