

The Carolinas Center

presents

2017 Breakfast for Brainiacs®

12-Month Package

The member rate for the **full year** is \$475 (*\$950 for non-members*) and then \$12 per person (*\$16 for non-members*) for any employees that want a continuing education certificate. Site fees are paid up-front and you will be billed for individual participants (*those who want a certificate*), after we receive your roster. There is no need to register for each audio conference, just complete the roster and evaluations after the session!

6-Month Package

By selecting the **six-month package**, you choose the six sessions in which you wish to participate for \$250 (*\$499 for non-members*), plus the \$12 per person (*\$16 for non-members*), for those wanting a continuing education certificate. Site fees are paid up-front and you will be billed for individual participants (*those who want a certificate*), after we receive your roster.

Complimentary MP3 is available after each session for which you register!

ONLINE REGISTRATION REQUIRED!

Site Registration:

- All you need to participate is a phone or speaker phone.
- A site coordinator from each participating agency must be registered.
- Materials such as the call instructions, roster, handouts, and evaluation links will be sent to each site coordinator 2-3 days prior to the audio conference.
- It is the responsibility of each site coordinator to copy and distribute materials to the additional participants on the call.
- After the completion of the audio conference, the site coordinator is responsible for having all participants sign the roster, and for providing participants with the link to complete the online evaluation form (**a link will be provided to complete the evaluation form using SurveyMonkey**).
- Rosters must be faxed or emailed as outlined on each form.

Continuing Education:

Upon successful completion of the educational activity, 1.0 contact hour is available for nurses. This program is also approved for social workers through the South Carolina Board of Social Work Examiners. 1.0 contact hour is available for all others. Certificates of completion will be emailed to each site coordinator after The Carolinas Center receives the roster and completed online evaluation(s).

The Carolinas Center for Hospice and End of Life Care is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

2017 Breakfast for Brainiacs® (B4B)

(ALL communication will be with the Site Coordinator)

Site Fee Information:	12-Month Package	6-Month Package	Individual Month
Member	\$475	\$250	\$75
Non-Member	\$950	\$499	\$99

We will kick off the first part of the year with a 3-part symptom management series in February, March and April! Full description for presentations will be posted 4 months prior to the date to ensure up-to-date and accurate information.

January 18

How Can You Tell Momma Might Die In Six Months?

Hunter Woodall, MD, FAAHPM, Hospice of the Upstate, Anderson, SC

Over 120,000 Medicare patients can't be wrong! Determining hospice eligibility is difficult, but based on data from a landmark article from the Journal of Palliative Medicine in 2014, this program will address factors that hospices can consider to identify patients who are likely to die within the next six months. Many hospices use the Palliative Performance Scale (PPS) to help support eligibility. The presenter will use patient examples to show how the components of the PPS – ambulation, activity, self-care, intake, and level of consciousness, as well as other factors such as gender and age, can be used to predict a 6-month prognosis.

February 16

Symptom Management Series:

Restlessness/Agitation vs. Delirium

Tamara Bowman, MSN, APRN, ANP-BC, Nurse Practitioner, Heartland Care Partners, Charleston, SC

How do you differentiate between restless/agitation and delirium? Is there a difference in the treatment options for these patients? This teleconference will focus on differentiating between these diagnoses and the appropriate treatment plan to control the symptoms.

March 22

Symptom Management Series: A Deeper Dive into Pain Management in Serious Illness

Mary Lynn McPherson, PharmD, MA, BCPS, CPE, Professor, University of Maryland School of Pharmacy, Stevensville, MD

Pain is a common comorbid condition experienced by patients with serious illness. Practitioners in hospice and palliative care must use exacting skills to assess a patient's complaint of pain, particularly when the complaint is multifactorial. A multidimensional pain assessment approach should be used, which should result in an opinion regarding the pathogenesis of the pain. This knowledge drives drug-therapy decision making, which is based on patient- and drug-related variables. This presentation will review the assessment of complex pain presentations, and how to select analgesics, monitor patient response and adjust therapy.

April 25

Symptom Management Series: Cardiac Interventions & Hospice: Managing Advanced Therapies at the End Of Life

Joshua Barclay, MD, MS, Associate Professor of Medicine, Palliative Medicine Attending and Hospice Medical Director & Julie Mitchell, DO, Fellow in Hospice and Palliative Medicine, University of Virginia, Charlottesville, VA

Despite the increasing use of advanced cardiac therapies (LVAD as destination therapy; inotrope infusions; resynchronization therapy) for patients with end stage heart failure, there is often insufficient knowledge and standardization of hospice care for these patients. The ability of the entire Hospice care team to effectively

discuss symptom management and, potential deactivation, as well as the risks and benefits associated with this decision in the dying patient with advanced cardiac therapies, is of the utmost importance in providing effective end of life care for this population.

May 23

Live Discharges - Getting Them Right (2-Part Presentation) Part 1

Susan Balfour, RN, BA, AD, Hospice Fundamentals, Cary, NC

One of the most perennially confusing regulatory areas for hospices - Live discharges! Part one of this audioconference will review the five types of live discharges, key requirements and delivery of care. Join us next month for Part 2!

June 20

Live Discharges - Getting Them Right (2-Part Presentation) Part 2

Susan Balfour, RN, BA, AD, Hospice Fundamentals, Cary, NC

Part 2 of this audioconference will discuss how to comply with regulations and to be able to explain the process to the beneficiary/representative with clarity. The presenter will also discuss important resources for your hospice - chart audit sheets and an invaluable one-page live discharge tool.

July TBD

Customer Service Topic

Patrice "Patti" Moore RN, MSN, President and Founder, The Watershed Group, Gainesville, FL

August 16

Addressing Substance Abuse Issues in Hospice Patients

Joshua Barclay, MD, MS, Associate Professor of Medicine, Palliative Medicine Attending and Hospice Medical Director & Julie Mitchell, DO, Fellow in Hospice and Palliative Medicine, University of Virginia, Charlottesville, VA

Substance abuse has reached epidemic proportions in the United States and there are significant legal and policy issues facing prescribers of controlled substances; however, opiates remain the mainstay of symptom treatment at the end of life. Based on current data, there is little standardization or knowledge of management of substance abuse and diversion in hospice patients. This teleconference will discuss screening for substance abuse, as well as management of opiate prescribing in high risk hospice populations.

September TBD

Hospice Quality Reporting

Pending

October 19

Using Positive Approach to Care for Persons Living With Dementia

Lisa S. Nesbitt, RN, MSN, Education Coordinator, Hospice and Palliative Care of Iredell County, Statesville, NC

Persons living with dementia are often misunderstood by

caregivers for there is a lack of recognition as to how the progression of dementia impacts sensory. The *Positive Approach to Care* philosophy developed by Teepa Snow is profound in that it provides caregivers with the tools for having positive interactions, which leads to completing care tasks. This presentation will cover how we take in data, sensory loss for persons living with dementia and much more!

November 16

Dealing With Dragons

Charles B Saulsbery II, PhD, Pastoral & Social Services Coordinator, Peachtree Hospice, Fort Smith, AR

This presentation will identify the top ten most difficult personality types and ensure that staff has the necessary tools to develop the skills to self-manage and properly respond while living/working around these difficult (and

most of the time) negative individuals.

December 12

Current Topics in Quality & Compliance

Annette Kiser, MSN, RN, NE-BC, Director of Quality & Compliance, The Carolinas Center, Cary, NC

Many different quality and compliance topics demand the attention of hospice agencies, and both state and federal agencies continue to implement or modify rules and regulations that impact daily operations. Audits of claims and medical records, public reporting of quality data, and ongoing surveys are just a few of the issues that must be addressed. This program will look at the current topics and provide insight into how hospices can ensure ongoing compliance.

[CLICK HERE](#) TO REGISTER ONLINE!

**Questions: Yesha Bell at ybell@cchospice.org
or 919.459.5382**