



The Carolinas Center

Presents

Bereavement Professionals Education Day

November 9, 2018 • 8:30am ~ 3:15pm

*Hospice & Palliative Care of Iredell County
2347 Simonton Road • Statesville, NC 28625*

This is an opportunity for family support professionals at all levels to come together to network, share ideas, and learn about programs and resources used by other hospice agencies. You will leave with information and ideas that you can utilize in your agency to enhance your staff and programs.

Schedule:

8:30am ~ Registration

9:00am ~ Welcome & Introduction

9:15am ~ Presentations

9:15am - 10:15am: Managing Stress with Humor & Laughter - Meg Maly, MSW, LSW, Social Worker, Volunteer Director, Motivational Speaker, Comedian, Meg Maly Productions. Laugh as you learn how to apply the therapeutic humor to your personal and professional life. This funny program has many practical applications for stress management, health improvement, morale building, work relations, and clinical application.

10:20am - 11:20am: Survival After Loss - Travis Smith, MDiv, Blue Ridge Hope. This presentation will include information on some of the new models for grieving as well as how we can build resilience with individuals. We will briefly look at the Dual Process model for surviving loss and will examine research around grief personality.

11:25am - 12:25pm: Providing Extraordinary Care Through Effective Communication - Kendal Gullege, LCAS, LCAS, Medical Social Worker, Hospice & Palliative Care of Iredell County, Statesville, NC. This presentation will improve your professional confidence by teaching you to identify different communication styles, understanding evidence-based techniques for communication and advance your capability as an active listener to better serve the changing demographic of patients being cared for in hospice and palliative care.

12:25 - 1:00pm: BREAK/LUNCH

Schedule Continued

1:00 - 2:00pm: The Importance of Rituals -Tanieka Ward-Akabane, LMSW, MPA, Community Education Coordinator, MSA Hospice, Columbia, SC. Rituals are symbolic behaviors that we perform before, during and after meaningful life events. Rituals have been used across all cultures and predate written records. Rituals take an extraordinary array of shapes and forms; they can be performed communally or alone; they can involve fixed, repeated tasks or vary each time and they can be used in and out of religious settings. People engage in rituals with the intention of achieving a wide set of desired outcomes, from reducing their anxiety to boosting their confidence, alleviating their grief, performing well in a competition or even making it rain. Research has shown that even simple rituals can be effective in reducing anxiety, boosting confidence and helping to lessen the effects of grief. These effects even extend to those people who claim not to believe that rituals actually work. Rituals are a vital part of our human connection and can be a powerful tool for clinicians to use to assist those struggling with grief.

2:00pm ~ Roundtable Discussion

3:15pm ~ Wrap up & Collect Certificates

Continuing Education Credit: The Carolinas Center for Hospice and End of Life Care is an approved provider of continuing education by North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is approved for 5.75 hours of continuing education.

Counselors: The Carolinas Center for Hospice and End of Life Care is an NBCC Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Social Workers: This educational offering is approved for social work continuing education hours under the guidelines of the North Carolina Social Work Certification and Licensure Board and the South Carolina Board of Social Work Examiners. South Carolina social workers must be a member of The Carolinas Center.

Cancellations: No refunds on cancellations will be given, but substitutions may be made.

Registration Fees

Fees	On/By 10/19	After 10/20
Hospice Provider Members	\$65	\$85
Individual Members	\$85	\$105
Non-Members	\$125	\$145

[**CLICK HERE TO REGISTER ONLINE**](#)

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